

Pantry & Kitchen Service

\$10 Grocery Hampers
\$5 Snack Hampers

FREE Open Pantry*
FREE Cafe & Meals



Typical hamper contents⁺



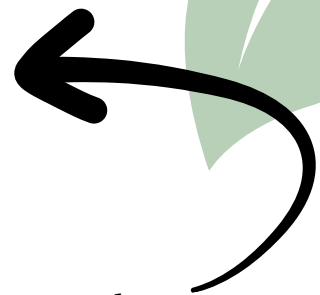
Meals change weekly

WE HAVE MOVED! FIND US AT OUR NEW HOME:



6E Leo Lewis Close, Toronto
(across from CALM)

Open hours:
Thursday to Saturday
9am to 2pm



Find out more at nourished.org.au/services/the-pantry

"Empowering communities through food and education"

☎ 1800 37 11 66
✉ info@nourished.org.au
🌐 www.nourished.org.au
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📷 [@nourished_au](https://www.instagram.com/nourished_au)



NourishEd
Australia

* Open Pantry limits apply
+ Hamper contents will
vary. Fresh fruit and veg
may be available separately.

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